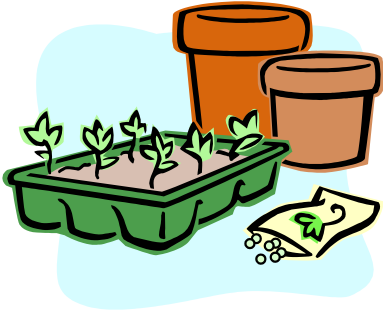


WABASH VALLEY MASTER GARDENER ASSOCIATION, INC.  
MAY 2011



## THE GARDEN GAZETTE

The May Planning and Scheduling meeting will be **May 24<sup>th</sup>, 6:00 PM at the Ute Shelter in Deming Park.** Please note the 6:00 PM starting time. The Ute shelter is the large shelter located next to the Patriotic Garden, Butterfly Garden and Herb Garden. This is a carry-in meal with Sloppy Joes and Chili Dogs provided along with table service, drinks and chips. Please bring a vegetable, salad or desert. There will be no speaker for this meeting. All new Interns are invited to attend as this will be a graduation party for the Spring 2011 Intern Class.

PLANNING AND SCHEDULING SESSION MINUTES OF APRIL 26, 2011. 23 members present.

Vice President Marilyn Miller introduced Annette from Turner Coaches of Terre Haute. She discussed several of next year's trips and possible trips. Annette inquired how could Turner Coaches better serve the needs of the master gardeners. One trip was to the Chinese Lantern festival and the St. Louis, Missouri Botanical Museum.

Vice President Marilyn then introduced Pat Secrest for the education portion of the evening. Subject - Name that Plant, nomenclature and the PHYLO code. ½ hour educational time can be claimed.

Business meeting called to order 7:30 PM by President Larry Agee. Larry had everyone introduce themselves and how long they have been a member. Larry encouraged everyone to wear their membership badge.

**Vice President:** Marilyn stated no speaker for May, this is our annual Intern Class graduation party at the Ute Shelter in Deming Park. She has speakers lined up for June and July.

**Recording Secretary:** Bob handed out the most current version of the membership list. Motion to accept the March planning and scheduling minutes as published in the April Gazette. No corrections or additions. Motion carried.

**Corresponding Secretary:** Verna - nothing to report.

**Treasurer:** John gave the balance as of April 26, 2011. John submitted a copy of the 2011 to date check and deposit register. A check was issued for \$500 to Bill Hiatt for supplies for the floriculture building garden renovation project. Net deposit was made from earth day sales at St. Marys and Union Hospital.

**Service Coordinator:** In Cyd's absence Verna handed out service badges.

## **COMMITTEE REPORTS:**

**Webpage:** Cyd not present. Larry reminded people to keep sending Cyd pictures and info to keep the webpage current.

**Giving Garden:** Phil Small stated that due to the rain nothing has been done at the garden. Still need to get the garden disked. Jim Luzar presented a \$500.00 check to the Giving Garden from the Vigo County 4-H Junior Leaders. Jim stated that there were three leaders in charge of contacting 4-H'ers to participate in activities at the garden. He was to forward contact names and emails to the co-chairs.

**Spring Seminar:** John Hilderbrand/Teri Boland - 188 paid individuals and vendors. The amount of collections, disbursements, net profit was given. A **work day** has been scheduled for May 21 at the Wedding Garden at St. Mary's from 9:00 am to noon. Carol Swearingen said a tentative date of March 10, 2012 has been selected for next year's seminar. Marty Jones (Wabash Valley Audubon Society) is a tentative speaker. Still need a chairperson.

**Earth Day:** Debi Gansz/Sharon Polge - Debi gave a summary of both earth day celebrations (St. Mary and Union Hospital).

**Herb Fair:** John Hilderbrand - May 7<sup>th</sup> at Fairbanks Park. Setup at 7:00 AM. Will need help.

**Wabash Valley Fair:** Bill Hiatt - Had one work day at the floriculture garden. Lots of donated items and so far have spent \$431 of the \$500 budgeted.

**Garden Tour:** Bill Hiatt - A date of July 23<sup>rd</sup> has been set. Sent out email to members to see if anyone is interested in including their garden. Three gardens solid so far.

**Garden Beds:** Roger Tonsfeldt - not present. No report.

## **OLD BUSINESS:**

State Conference - June 9 - 11 at Ft. Wayne. Talk to Larry Agee if anyone is interested in attending. The WVMGA will reimburse \$100 each for up to three members to attend and the extension office will do the same. 15 Educational hours available for attendees.

Search For Excellence Award - We did not win anything at the International Level. Applications are being resubmitted for State consideration.

## **NEW BUSINESS:**

Honorary member nomination: Maryanne Kelley nominated by Board of Directors to be considered as a honorary member. Motion carried.

Ivy Tech Arboretum/Walking Trail: 50 Trees of Indiana planted April 22<sup>nd</sup> at Ivy Tech main campus. Sponsor fee of \$1000.00 which goes to the general scholarship fund. After general discussion a motion was made to sponsor a tree for \$1,000.00 and the Board of Directors to pick the species of tree. Motion carried.

General Information: Jim Luzar and Patti Weaver led general discussion about opening of the Community Garden on April 16<sup>th</sup> and Patti discussed the possibility of an ISU/Bemis East Community Garden.

Motion to adjourn at 8:30 pm. Motion carried. **1 hour volunteer time.**

Next Board of Directors meeting May 12, 2011, 6:00 PM at the Grand Traverse Pie Co. All members are welcome to attend.

Next Planning and Scheduling Meeting, May 24, 2011 at the Ute Shelter in Deming Park. This will be the Spring Intern Class Graduation Party. Carry In covered dishes - vegetable, salad and dessert.

Officers for 2011: President - Larry Agee, Vice President - Marilyn Miller, Recording Secretary - Bob Archer, Corresponding Secretary - Verna Gaskin, Treasurer - John Hilderbrand, Assistant Treasurer - Carl Trent, Service Coordinator - Cyd Hunter.

Directors/Past Officers: Paula Wilson, Debbie Lazzell.

Director at Large: Bill Hiatt

**Board of Directors meeting May 12, 2011:**

Members present: Larry Agee, Verna Gaskin, Bob Archer, John Hilderbrand, Cyd Hunter, Carl Trent, Paula Wilson, Debbie Lazzell, Bill Hiatt. Absent: Marilyn Miller.

Board meeting called to order 6:05pm by President Larry Agee.

Board minutes of April were approved as published in the April Gazette.

Vice President: No report. Larry reported education presenters scheduled for June and July.

Recording Secretary: Bob Archer - Passed out new intern list.

Corresponding Secretary: Verna Gaskin - nothing to report.

Treasurer: John Hilderbrand - Current balance as of May 12 given. Verna submitted an expense report for items for the Giving Garden. Bill Hiatt requested a check for \$500.00, the amount budgeted for the Wabash Valley Fair. Two checks not cleared. One for White Violet Center and one for the tomatoes for the herb fair. Summary for both Earth Day activities given. Larry asked if there were any high dollar items due in the near future.

Committee reports:

Service Coordinator: Cyd Hunter - two members turned in hours.

Web page: Cyd Hunter - General discussion and information given to Cyd for events calendar. Web page is [www.wvmga.org](http://www.wvmga.org)

Giving Garden: Bob Archer - There had been a work day at the garden earlier in the day and approximately 700 plants were planted. Another work day was scheduled for Saturday, May 14<sup>th</sup>.

Herb Fair: John Hilderbrand - John said the event went well and that all the tomatoes and hanging baskets were sold. He gave a financial report as part of the treasurer's report.

Wabash Valley Fair: Bill Hiatt - Improvements at the floriculture building gardens was mostly complete. Bill stated he had no current information on the status of the fair flyer, he needed to talk to Beth.

Gardens: General discussion on recent work days at several gardens. Larry stated problem with rose bushes at Hawthorn Park still unknown. Jim Luzar is going to send a sample to Purdue to be analyzed.

Garden Tour: Bill Hiatt - 7 possible gardens so far.

Old Business:

State Conference: So far Bill Hiatt is the only one signed up.

Ivy Tech Arboretum/Walking Trail: General discussion concerning tree species selection. Larry was to see if the red oak and/or white oak had been sponsored yet.

Search for Excellence Award: Applications have been forwarded to Purdue for State Awards consideration.

New Business:

Larry stated that Marilyn Miller verbally resigned as Vice President effective immediately for personal reasons. The board may fill the position temporarily until the next annual election with approval at the next planning and scheduling meeting. The board recommended an individual who Larry was going to contact and see if they would consent to serve.

Other business:

Meeting location for October will need to be changed because the Torner Center is booked. Also need to check what dates are open in December at the fairgrounds for the Christmas meeting.

Meeting adjourned at 6:40.

Here is a list of the meeting sites for our Planning and Scheduling meetings.

May 24, 6:00 PM, Ute Shelter, Deming Park

June 28, 6:30 PM, Torner Center, Deming Park

July 26, 6:30 PM, Torner Center, Deming Park

August 23, 6:30 PM, Torner Center, Deming Park

September 27

October 25

November 15

December

The following is an article submitted by Certified Master Gardener Julie Baysinger. Thanks Julie.

### THE HEALTH BENEFITS OF GARDENING

Something happens to us when the sun shines. It is no secret that gardening has many benefits besides enjoying high quality, fresh produce. Among these benefits is increased mental and physical health.

Gardening can actually be a nice, low impact work out. Use the outdoors as your own personal gym. Gardening works all your major muscle groups. You can expend as much effort raking the lawn as you would during a leisurely bicycle ride. Trimming trees and shrubs is roughly the equivalent of walking at a moderate pace. Heavier work, like clearing brush and stacking wood can give you the equivalent workout as a light aerobics class. Turning compost is a great alternative to lifting weights and raking the lawn uses the same muscles as using a rowing machine. Doing more strenuous garden work such as clearing weeds or hauling rocks can even burn as much as 600 calories per hour.

Spending time in nature reduces stress. Flower gardens can be planted with stress reduction in mind, using soothing colors and scents. A garden can be an escape from the pressures of everyday life. For many people, a garden is their own little piece of nature. This kind of sanctuary can help lower blood pressure, reducing the risk of heart disease.

Eating fresh fruits and vegetables every day is one of the most important things you can do for your health. When you grow your own fruits and vegetables, you can be sure they are free of pesticides and other chemicals. You also get better tasting food that is high in important nutrients.

As the warm weather rolls in, it's the perfect time to get outside and garden--you'll transform your yard and your body.

Anyone wishing to submit an article to the monthly Gazette can send it to me at [vernajean1962@juno.com](mailto:vernajean1962@juno.com) by the 15<sup>th</sup> of each month. This is an excellent way to earn some volunteer time.

My favorite song this month is "Raindrops keep falling on my head"

## **Next Purdue Master Gardener Training**

**6:00-9:00 PM**

**Thursday, September 8 through Thursday Dec 1<sup>st</sup>  
(No class Thursday, November 24)**

**Ivy Tech Workforce Development**